



# **DAIRYLANDGAMES**

**May 16-18, 2025**

**Verona High School**

**234 Wildcat Way, Verona, Wisconsin**

Contact Us!

Email: [info@dairylandsports.org](mailto:info@dairylandsports.org)

Website: [www.dairylandsports.org/dairylandgames](http://www.dairylandsports.org/dairylandgames)

Social Media: @TeamDairylandWI



## **Dairyland Sports' Mission & Vision**

Founded in 2017, Dairyland Sports is a non-profit organization with a mission to engage and empower individuals of all ages, physical abilities, and experience levels to improve their health and well-being through participation in sports, fitness, & recreation. Over the years, Dairyland Sports has served hundreds of adaptive athletes from across the Midwest to provide new opportunities for athletic programming, provide support for existing Wisconsin-based adaptive sports organizations, and to deliver education aimed at improving access and equity to health, fitness, and recreational opportunities in Wisconsin. Our staff works to advocate for disability rights & inclusivity in sports, educate about the importance and impact of adaptive sports in our communities, and support local clubs, teams, and events that allow adaptive athletes to discover the important life values of participating in sports. Dairyland Sports aims to serve as your “one-stop-shop” for Wisconsin adaptive sports – a place where adaptive athletes and families can discover, share, and engage with our adaptive sports partners from across the state.

## **Dairyland Games - The Start of it All**

Dairyland Sports was officially incorporated as a tax-exempt 501(c)3 organization in December 2017, however, our local organizing committee was established well before that time. In May of 2016, our team worked in collaboration with the Adaptive Sports USA (now known as “Move United”) to establish the Dairyland Games – Wisconsin’s first and only sanctioned multi-sport competition allowing athletes with physical disabilities the opportunity to qualify for Move United Junior Nationals. The inaugural Dairyland Games was proudly hosted at Sauk Prairie High School and saw 16 athletes compete in track and field - marking the beginning of a tremendous adaptive sports movement in Madison. In 2023, Dairyland Games proudly served over 70 adaptive athletes from 8 states across the Midwest offering events in swimming, powerlifting, track, and field. Many of our athletes have qualified for national competition through participation in the Dairyland Games each year, and some participants have even gone on to represent Team USA in the Paralympic games! Dairyland Games is a unique opportunity for individuals with diverse physical abilities to participate in sports in an inclusive and supportive environment, and we are excited you have decided to join us this year!

Due to the tremendous growth and support we have received from hosting the Dairyland Games, our leadership team recognized the need to establish a nonprofit organization to expand our mission and make an even bigger impact in the adaptive sports community. We are dedicated to providing the best possible experiences for our athletes so that they may reach their highest potential and, most importantly, we hope that all athletes are able to make meaningful connections with other peers and community members while enjoying the physical, social, and emotional benefits of participating in sports.

## Get Involved

As a growing nonprofit led primarily by volunteers, we rely on support from the community to further the mission of Dairyland Sports. You can make a direct impact in supporting Dairyland Sports in a variety of ways including tax-deductible donations, referring individuals to our programming, volunteering, or even engaging with us on social media. Additionally, if you have any background or interest in nonprofit work or adaptive sports, we are always looking for talented individuals to add to our leadership team. Just send us a message, and we will get you involved!

If you do choose to make a tax-deductible donation to Dairyland Sports to help us in our charitable efforts, you can do so in a variety of ways:

- Visit our website [www.dairylandsports.org](http://www.dairylandsports.org) to make a secure one-time or recurring donation through our partners at Network for Good (top right corner of page)
- Send a personal check to our business address at:
  - PO Box 45736, Madison, WI, 53744
- Donate new or gently used sports equipment for our local sports & fitness programming
- Provide scholarships or grants for athletes in need of financial support (contact us!)
- Contact us directly ([info@dairylandsports.org](mailto:info@dairylandsports.org)) if you would like more information on how to donate or if your business is interested in sponsoring any of our annual programs

**Dairyland Sports is a 501(c)3 non-profit, and, therefore, your donation can be designated as a tax write-off on your end-of-year taxes. What's better than saving money on taxes?!**

## Want to Learn More?

For more information about Dairyland Sports, or to connect with our leadership team, please visit our website at [www.dairylandsports.org](http://www.dairylandsports.org). Additionally, we would encourage you to engage with us on social media including Facebook, Instagram, Twitter, & YouTube (@TeamDairylandWI) for the most up-to-date information. Please feel free to contact our staff at any time with questions, we want to hear from you!

# Schedule of Events

## Friday, May 16<sup>th</sup>

TIME	EVENT DESCRIPTION	LOCATION
4:00 pm – 5:00 pm	Powerlifting: Athlete Check-In & Weigh-Ins	Verona High School – Fitness Center <b>PARK LOT F, ENTER DOOR #17</b>
4:30 pm – 5:30 pm	Powerlifting: Warm-Ups	Verona High School – Fitness Center
5:30 pm – 6:00 pm	Powerlifting: Lifter/Coach's Meeting	Verona High School – Fitness Center
6:00 pm – 7:30 pm	Powerlifting Competition:	Verona High School – Fitness Center

## Saturday, May 17<sup>th</sup>

TIME	EVENT DESCRIPTION	LOCATION
8:30 am – 9:30 am	Swimming: Athlete Check-In	Verona High School – Aquatics Center <b>PARK LOT A or B1, ENTER DOOR #6</b>
9:00 am – 9:30 am	Swimming: Athlete Warm-Ups	Verona High School – Aquatics Center
10:00 am – 12:00 pm	Swimming Competition	Verona High School – Aquatics Center
3:00 pm – 4:00 pm	Track & Field Practice Time	Verona High School – Track & Field

## Sunday, May 18<sup>th</sup>

TIME	EVENT DESCRIPTION	LOCATION
7:45 – 8:45 am	Track: Athlete Check-In	Verona High School – Track
8:00 am – 8:45 am	Track: Athlete Warm-Ups	Verona High School - Track
9:00 am – 12:00 pm	Track Events	Verona High School - Track
12:00 – 1:00 pm	<b>Lunch: Concessions Available at the Track from 7:30-1pm!</b>	<b>Coffee, water, soda, chips, popsicles, candies, donuts, bananas, oranges, hot dog, PB&amp;J, chicken</b>
1:00 pm – 5:30 pm	Field Events	Verona High School - Fields

**\*CLASSIFICATION APPOINTMENTS:** Park in Lot A or Lot B1, enter through Door 6, and staff will be present to greet you and guide you to the classification room. Please wear comfortable athletic clothes (i.e. shorts, shirt/tank, etc.) for your appointment, as it does include medical and sport technical examination. Please arrive 10 min early to your scheduled appointment.

# Location of Events

**Verona Area High School – 234 Wildcat Way, Verona, WI 53593**

- Swimming Events – *Verona High School Aquatic Center \*Enter Door 6\**
- Track & Field Events – *Verona High School Athletics Track & Field \*Park in upper lot\**
- Powerlifting Event – *Verona High School Fitness Center \*Enter Door 17\**
- Classification Appointments: *Verona High School, PAC Dressing Room \*Enter Door 6\**
  - **\*CLASSIFICATION APPOINTMENTS: Park in Lot A or Lot B1, enter through Door 6, and staff will be present to greet you and guide you to the classification room. Please wear comfortable athletic clothes (i.e. shorts, shirt/tank, etc.) for your appointment, as it does include medical and sport technical examination. Please arrive 10 min early to your scheduled appointment.**



**Verona HS - Aquatics Center**



**Verona HS - Track & Field**



**Verona HS - Fitness Center**





# Additional Information & FAQs

## Rules & Regulations:

Dairyland Games is a Move United Sanctioned Series Event offering events in track, field, swimming, and powerlifting. As a Move United sanctioned event, Dairyland Games must abide by specific rules and regulations for each of the individual sports offered. The rules and regulations for each of the offered sports is listed below for your reference. It is your responsibility to read and understand the rules prior to competition, and to seek clarifications from your coach or trusted adaptive sports resource as needed.

**Newcomers - it is OKAY if Dairyland Games is your first experience with a sporting competition. Our event officials are very approachable and welcoming of questions, use this as an opportunity to learn!**

- [Powerlifting Rules](#)
- [Track & Field Rules](#)
- [Swimming Rules](#)

## Sports Equipment:

Dairyland Sports will provide basic equipment for powerlifting, swimming, track, and field events in compliance with Move United sanctioning requirements. All equipment and timing systems will be used in compliance with Move United sanctioning requirements.

- Powerlifting - Level 2
- Swimming - Level 2
- Track & Field - Level 3

**Track & Field** – Equipment for track & field will include an electronic timing system, starting blocks, throwing frames with tie-downs/ratchet straps, and implements for discus, shot put, javelin, turbo javelin, and club throw. Athletes may bring their own implements, racing chairs, throwing frames, or other equipment as desired, but all equipment will need to be checked by officials prior to the competition to ensure they are legal. Wheelchair athletes will need to provide their own helmets for track. Track & Field Officials reserve the right to check personal equipment and disqualify an athlete if the equipment does not meet legal requirements for competition.

**Swimming** – Equipment for swimming will include an electronic timing system, lap counters, and a flash/visual starting signal. Athletes are responsible for bringing their own swimsuits, swim caps, goggles, towels, and any other equipment they require for competition. Swim Officials reserve the right to check personal equipment and disqualify an athlete if the equipment does not meet legal requirements for competition.

**Powerlifting** – Equipment for powerlifting will include weights, scale for weigh-in, performance bench, practice bench, safety clamps, stopwatches, and straps. Athletes will need to provide their own weight belts, gloves, footwear/prosthetics, or other applicable powerlifting equipment necessary to perform the Powerlifting Press. Powerlifting Officials reserve the right to check personal equipment and may disqualify an athlete if the equipment does not meet legal requirements for competition.

## Food & Concessions:

Due to the unique dietary restrictions, allergies, and/or overall variations in nutrition habits among our participants, athletes and families are ultimately responsible for their nutrition. Light concessions will be available at the Track & Field event which we encourage you to utilize! Complimentary continental breakfast is available at some local hotels. Water will be made available to athletes and volunteers in designated coolers and/or at medical tents during competition. We encourage athletes and families to explore local food options in Verona to support the local economy outside of competition times. Below is a list of local restaurants to assist in your meal planning.

<b>Verona</b> Sugar River Pizza Company Quivey's Grove Draft House Bar & Restaurant North and South Seafood & Smokehouse Wisconsin Brewing Company El Charro Mexican Grill Gus's Diner It's Time Pub & Grill Boulder Brewpub Monk's Bar and Grill Avantis Italian Restaurant & Pub 5 <sup>th</sup> Quarter Bar and Grill	<b>Fitchburg</b> The Flying Hound Alehouse Hop Haus Brewing Company Great Dane Pub & Brewing Company The Thirsty Goat Funk's Pub Liliana's Restaurant Laredos Mexican Restaurant Me & Julio Enrique's Grill
<b>Middleton</b> Craftsman Table & Tap Johnny's Italian Steakhouse The Roman Candle The Village Green Café Zupas Tanner's Bar & Grill Biaggi's Ristorante Italiano Hubbard Avenue Diner Jersey Mike's Subs Freska Mediterranean Grill Lombardino's Italian Restaurant Pizza Brutta Café Hollander	<b>Madison</b> Bassett Street Brunch Club Topsy Cow Cento The Old Fashioned Dotty Dumpling's Dowry Essen Haus German Restaurant Graze Ian's Pizza Short Stack Eatery Glass Nickel Pizza Company MOD Pizza Delta Beer Lab

## Medical Coverage:

On-site medical coverage will be on-site for all athletes, volunteers, and spectators in the event of medical emergency or injury. Medical tents or stations will be clearly marked during all events should you need to seek medical treatment, and Dairyland Sports staff and volunteers will be able to direct you should you have any questions.



## Athlete, Coach, and Volunteer Check-In:

**All athletes, volunteers, and coaches must stop by the main registration table upon arrival to each competition (i.e. powerlifting, swimming, track & field) to officially check-in for competition.** Please refer to the schedule of events for more information on specific times for check-in and warm-ups for each event. Athletes will have swag bags available for pick up at check-in, as well as necessary event packets/programs.

## Sanctioning & Eligibility for Move United Junior Nationals:

All Dairyland Games events are sanctioned by Move United and will be governed by the Move United rules for competition (see above “Rules & Regulations” section).

Athletes of all ages who compete at Dairyland Games may be eligible to qualify for The Hartford Nationals, presented by Move United, if they meet certain [Qualifying Standards](#) for each respective sport. The Hartford Nationals is the largest adaptive sports event in the United States and is hosted in different cities across the country each year. Participation in The Hartford Nationals is an exciting opportunity for both newcomers, as well as elite level athletes as participation at Nationals can help propel an athlete towards a potential Paralympic career. For more information about eligibility, please visit Move United website.

## Classification for Adaptive Sports

*What is Classification?*

The fundamental goal of classification is to ensure that winning is determined by differences in athlete skill, fitness, power, endurance, tactical ability, mental focus, etc. rather than by differences in functional/physical impairments. Classification is the official Paralympic process for determining:

- a) If an athlete is eligible to compete in Para Sport
- b) How an eligible athlete will be grouped into sport classes based on their eligible impairment

Classification appointments are available on-site at Dairyland Games. **Athletes must have indicated a need for classification appointment prior to May 5 to receive information about classification sign-up. Athletes signing up after May 5<sup>th</sup> are not eligible for classification.** Gaining a sport classification is NOT required for competition at Dairyland Games, however, is certainly encouraged for the serious athlete. Classification appointments may be available at Hartford Nationals should an athlete appear to qualify.

**Classification appointments will be held at Verona High School – Performance & Arts Center. Enter Door 6.**

## What are the Eligible Impairments for Adaptive Sports?

There are 10 eligible impairments that qualify an athlete for Adaptive Sports. These impairments include: Impaired muscle power, impaired passive range of motion, limb deficiency, ataxia, athetosis, hypertonia, short stature, leg length difference, visual impairment, intellectual impairment.

We welcome individuals of all abilities and experiences at the Dairyland Games, no prior experience is necessary for competition!

## Where Can I Find More Information About Classification?

Learn more about the US Paralympics classification process [here](#). If you have any additional questions about the process, please contact us so that we may assist you.

## Inclement Weather:

In the event of inclement weather conditions, Dairyland Sports reserves the right to cancel any event at any time to protect the safety of athletes, families, volunteers, staff, and spectators. Dairyland Sports also reserves the right to not reschedule Dairyland Games events for a later date, although every attempt will be made to reschedule for a later date if possible. Outdoor events will be suspended in the presence of lightning, tornados, high heat index, or other unforeseeable conditions or emergencies that may compromise the safety of our athletes, staff, and community members. In the case of lightning and heavy rain, events will resume 30 minutes after the last known lightning strike within 10 miles and with Officials and Staff discretion. Athletes will be contacted via email when the event is to resume.

## Miscellaneous Information:

- Wisconsin is well known for unpredictable weather in spring season – so please check a forecast for the weekend to know what to pack in terms of clothing, water bottles, rain gear, etc. We could see anything from comfortable 60's and sunny, chilly 40's and cloudy, hot 80's and humid, or even rain or snow! Please make sure to educate yourself on the weather forecast prior to traveling and plan accordingly.
- If you are a WIAA athlete currently in season, you can add 2 “outside” events to your spring season calendar as long as they are sanctioned on the WIAA calendar. Please contact your athletic director to add Dairyland Games to the athletic calendar so that you stay WIAA eligible
- Dairyland Sports is a proud partner and supporter of many local adaptive sports and health organizations across the Midwest. Our goal is to provide athletes and families with the best available resources so that they may freely connect and engage in sports, fitness, and health opportunities in Wisconsin. We frequently advertise local events, programs, educational opportunities, and competitions on our website and social media so that you may have instant access to all things adaptive sports in Wisconsin and beyond! Please feel free to check our website and social media for the most up to date opportunities as we continue to build relationships in the community.

## Donations:

**Did you know Dairyland Games costs nearly \$20,000 to host each year?!** Dairyland Sports is a tax-exempt nonprofit organization that relies on the support of the surrounding community to meet our financial goals. Whether it be in-kind donations, financial gifts, sponsorships, or volunteering... we need your help to ensure that Dairyland Sports can continue to provide opportunities for adaptive athletes to thrive and compete! If you have the capacity to give, we would greatly appreciate any support you could provide. Please visit our website for more details on [ways to give](#).

## **Communication:**

For general questions or comments please contact the Dairyland Sports staff at the email listed below:

- [info@dairylandsports.org](mailto:info@dairylandsports.org)

For more specific questions on event logistics, sanctioning, classification, event rules, etc. please contact:

- Deb Jenks – Event Director ([djenks@dairylandsports.org](mailto:djenks@dairylandsports.org))
- Jake Graboski – Executive Director ([jgraboski@dairylandsports.org](mailto:jgraboski@dairylandsports.org))
- Jenna Schneider – Volunteers ([jschneider@dairylandsports.org](mailto:jschneider@dairylandsports.org))

**Happy Dairyland Games!**